

IT'S QUICK, IT'S COMPULSORY AND IT'S CONFIDENTIAL

When you fill in your census form on Sunday April 10th, question 22 will give us the information we need to understand what we need for the future of carers in Ireland.


Although the information collected in the census will be used to plan services for the future it is all completely confidential and will never be given to any other government organisation.

And remember, this is guaranteed by law.

Your enumerator will collect your form before May 9th so please have it ready for collection. Or, if it's not collected by then please post it to:

Central Statistics Office

PO Box 2011, Freepost 4726, Swords, Co. Dublin.



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10
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ARE YOU A CARER?

Q22
CARERS COUNT
CAMPAIGN



MAKE YOUR MARK WITH QUESTION 22

If you provide regular unpaid personal help for a relative or friend it's really important that you make your mark on question 22 and list your hours. Turn over now for more information, or visit www.census.ie/carerscount

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QUESTION 22

Do you provide regular unpaid personal help for a friend or family member with a long term illness, health problem or disability?

The purpose of Question 22 is to gain an accurate measure of the number of carers and the amount of work carried out by carers.

WHAT DOES UNPAID MEAN?

Being in receipt of the Carers Allowance or other such payment from the Department of Social Protection does not constitute payment in this regard. If you receive the Carers Allowance you should answer Question 22.

WHAT KIND OF PERSONAL HELP IS INCLUDED?

This includes regular daily tasks, some of an intimate nature, which the person receiving care is unable to perform for themselves. This will vary for those who are elderly, physically or mentally disabled, or suffering from a variety of health problems but will typically include washing, dressing, feeding, shopping and medical visits. It also includes personal supervision essential for the safety and comfort of the person receiving care.

FREQUENTLY ASKED QUESTIONS

- Q.** I have a full time paid job but look after my parent. I get them ready in the morning and stay in with them each night and phone several times during the day. Am I a carer?
- A. YES.**
- Q.** My mother is now confined to a wheelchair. Beyond meals and dressing she is fine and enjoys television so I can get on with my normal life around the house. But she gets very distressed if I go out, so I just don't go out? Am I a full time carer?
- A. YES.**
- Q.** My daughter broke her leg this year and for two months I did everything for her. Does that count as caring?
- A. NO.** It does not constitute REGULAR in the meaning of the question.
- Q.** My husband and I cannot take a holiday as we cannot leave my aunt who needs constant care. My sister would happily stay here but my aunt insists that I stay. Am I a carer? My husband works full time but helps a lot with lifting and transport. What hours should he put in?
- A. YES.** You are a carer. Your husband is also a carer and should count and include all the hours when he provides help.
- Q.** I am under 15 years of age and going to school. I look after my brother who has Downs Syndrome after school, until my mother gets home from work. Am I a carer?
- A. YES.** You should count and include your hours on the census form.